

Family Talk – *Disappointment*

READ TOGETHER

Numbers 11:10–25

1. What does it feel like when those closest to you constantly complain or have negative attitudes?
2. How do you deal with disappointment?
3. Can you think of ways in your life God has met you in the proverbial valley?

LIVE IT

The Israelites were constantly complaining to Moses. They went so far as to say that they would prefer to be enslaved in Egypt. They had quickly forgotten the miracles God performed on their behalf, both in rescuing them from the Egyptians and providing for them since. Moses then complains to God and even questions His ability to do what He said. God responds to this questioning by asking Moses, *“is the Lord’s arm too short?”*

Wrestle with this question: Is the Lord’s arm too short? Do you believe that God lacks the power, ability or will to move on behalf of His people? On your behalf? Whatever you’re disappointed or discouraged about this week, take the situation to God in prayer. Pray that He will move in mighty ways on your behalf.

LEAN ON GOD

Dear God,

You cause all things to work together for Your glory and our good. Help us believe that even when we’re discouraged or disappointed. Your grace is sufficient for us in every valley. Help us trust You more every day.

In Jesus name,

Amen

