



BREAKTHROUGH

January 14, 2024

DIGGING DEEPER

Use this guide by yourself or with friends to pursue a deeper relationship with God.
To find a group, visit brookwoodchurch.org/groups.

Our heavenly Father desires that we enjoy regular life-giving encounters with Him. Dig into these Bible verses and questions to get a glimpse of God's heart for spending time with us.

Questions for reflection or discussion:

1. Read **Psalm 67:1**. How does it feel to think that God smiles when you come into His presence?
2. Read **Genesis 3:8-9**. Why do you think God is calling to Adam, *Where are you?*
3. How would you feel if you sensed God calling to you, *Where are you?*
4. It's possible that God is inquiring about Adam's heart, like asking *What's going on with you?* How would you respond if God asked you that question?
5. Read **Matthew 6:5-8**. How would you summarize the key instructions Jesus provides for prayer? What do you like about these instructions?
6. Read **Matthew 6:16-18**. How would you summarize the key instructions Jesus gives for fasting?
7. Reread **Matthew 6:18**. How do you think God might reward you when you fast in secret?
8. Read **Psalm 46:10**. One reward of being still before God is getting to know Him. Where do you, or where could you go to have a regular encounter with God?
9. Describe a recent encounter with God during fasting, stillness or prayer. What message or feeling did you receive from Him?



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