

CULTIVATING *Character*

Message 2 Joy

Perry Duggar
April 15, 2018

► Outline

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!
Galatians 5:22-23 (NLT)

Always be joyful.

1 Thessalonians 5:16 (NLT)

A. Introduction

B. How can I experience joy?

1. Remember the _____.
(Philippians 4:4. C/R: Romans 14:17; 15:13)

2. Refuse to _____.
(Psalm 51. C/R: Psalm 32; John 15:8-11)

3. Reflect on _____.
(John 17:13. C/R: Romans 5:2-5; James 1:2-4; 1 Peter 1:6)

Answers: 1. source 2. disobey 3. truth

Resource Information: Unless otherwise noted, outline and onscreen verses are from NLT version (New Living Translation) of *The Holy Bible*. C/R, if noted, refers to a 'cross reference' of Scripture verse(s). Today's outline and discussion guide are available to mobile device users through the Brookwood Church app available through your favorite app store.

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► Discussion Guide

Use this guide with friends or on your own to pursue a deeper relationship with Jesus. Carve out time to reflect, learn and talk with God. Find a Small Group at brookwoodchurch.org/smallgroups.

Conversation Starter

Describe one of your favorite childhood memories.

Personal Reflection/Group Discussion

Read [Philippians 4:4-5](#).

The words *joy* and *rejoice* are found throughout Paul's letter to the Philippians. He wrote this letter from prison, was often chained to a guard, yet he was surprisingly full of joy.

1. Describe a life *full of joy in the Lord*.
2. What steps can you take to live *full of joy in the Lord* more continually?
3. According to [1 Chronicles 16:27](#) and [Psalm 16:11](#), where is joy found?

Read [1 Peter 1:6-9](#).

4. What truths are being taught in this passage?
5. Have you ever experienced the joy described in vs. 8? If so, describe.
6. What are some things that *steal your joy*?

Read [James 1:2-4](#).

7. What is your typical response when troubles come your way?
8. What reasons does James give for *rejoicing in the face of trials*? (See also: [Romans 5:3-4](#); [James 5:10-11](#))

9. Think about a trial you faced recently. Do you think you responded well or poorly? What emotions did you experience?

10. If you're not feeling joyful, what steps can you take to restore joy?

11. What's your biggest takeaway from this week's teaching?

For additional Bible Study tools, guides and devotionals, check out biblegateway.com, bible.com, youversion.com or blueletterbible.org.

Soul Training

Throughout this week, notice if your response to adverse circumstances is joyful. Look for evidence of true, sincere joy in others.

If you've never experienced God's forgiveness and grace, we'd love the opportunity to talk with you about a life-changing relationship with Jesus. Email <mailto:mark.taylor@brookwoodchurch.org> or call [864.688.8211](tel:864.688.8211).

Memory Verse

Always be joyful.

[1 Thessalonians 5:16 \(NLT\)](#)

Daily Reading

Day 1: [2 Corinthians 6:10](#)

Day 4: [James 5:10-11](#)

Day 2: [1 Chronicles 16:23-27](#)

Day 5: [Proverbs 8:32-35](#)

Day 3: [Psalm 16:7-11](#)

Prepare for Next Sunday

Next Sunday, April 22, we'll continue the series *Cultivating Character* by considering how PEACE can become a greater part of our lives. To prepare for the message, read [Romans 15:13](#); [Philippians 4:6-9](#); [Colossians 3:14-15](#).



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